http://www.ijrmst.com

e-ISSN: 2455-5134 p-ISSN: 2455-9059

(IJRMST) 2024, Vol. No. 17, Jan-Jun

A Rare Variation of Right Thyroid Lobe Hemiagenesis: A Case Report

Dr. Wader Smitaraje Devendra

Associate Professor, Rachana Sharir Department, KAHER's Shri B.M.K. Ayurved Mahavidyalaya, Shahapur, Belagavi, Karnataka, India.

DOI:10.37648/ijrmst.v17i01.004

¹Received: 05 January 2024; Accepted: 10 March 2024; Published:11 March 2024

ABSTRACT

Thyroid is the large, unpaired & endocrine gland of the body. [1] Different developmental abnormalities can cause distortions in the thyroid gland's shape. An uncommon developmental anomaly is unilateral or bilateral agenesis of one or both thyroid lobes, with or without isthmic agenesis. [2] Thyroid hemi agenesis is rare and right hemi agenesis is considerably rarer. [3]

The failure of a thyroid gland lobe's embryonic development is known as thyroid hemiagenesis. [3] Prevalence is unknown but estimated to be 0.02 - 0.2 % [4]. Thyroid hemiagenesis is an uncommon congenital anomaly that was originally documented by Handfield–Jones [4]. 80% of cases include the absence of the left lobe, whereas 20% involve the absence of right lobe (a left to right hemiagenesis ratio of 4:1) [5]. Most cases reported are left thyroid hemiagenesis in female. [6] Compared to left lobe, right lobe hemiagenesis is rare.

Thyroid gland is the endocrine gland. Thyroid gland develops mainly from the thyroglossal duct. [2] Various developmental anomalies of the thyroid gland have been reported such as the isthmus may be absent or one of the lobes of gland may be very small or absent,[2] The most uncommon anomalies include agenesis or hemi-agenesis of thyroid lobe and agenesis of isthmus [2]. The anomalies of development of the thyroid gland alter the morphology of the gland and may cause clinical and functional disorder. [7,8] So, knowledge of such rare variations is very useful. The present case report highlights a rare case of Right Thyroid lobe hemiagenesis.

Keywords: Thyroid; Right lobe; hemiagenesis

INTRODUCTION

The developmental anomalies of thyroid gland led to structural variations of it in adult human beings, which plays clinically very important role in the evaluation and management of thyroid disorders. The thyroid gland is an endocrine gland with rich blood supply [9]. Thyroid gland is anterior in the neck below and lateral to the thyroid cartilage [1]. The gland lies against vertebrae C5 - C7 & T1 embracing the upper part of trachea. The gland consists of right & left lobe joined to each other by isthmus [1]. The isthmus crosses the anterior surfaces of the second and third tracheal cartilages [1]. It is enclosed in pretracheal fascia [10,11]. Each lobe measures about 5 x 2.5 x 2.5 cm and the isthmus 1.2 x 1.2 cm. On an average, the gland weights about 25 g.[9].

The organogenesis of the thyroid gland in humans is leading to a variety of morphological variations of the gland, such as hypoplasia, ectopy, hemiagenesis and agenesis [5]. Hemiagenesis is an uncommon, congenital anomaly found more often in endemic regions for hypothyroidism. Genetic abnormalities have a role in monozygotic twins. A majority of patients reports no symptoms & is found accidentally during investigation or intraoperatively [3]. It is associated with normal thyroid function but can present with thyroid hypofunction.[3]

The incidence of thyroid hemi agenesis is rare and right thyroid hemi agenesis is even rarer. The anatomical and clinical significance of absence of thyroid lobe is important for medical professionals and the surgeons in planning

¹ How to cite the article: Wader S.D. (March 2024); A Rare Variation of Right Thyroid Lobe Hemiagenesis: A Case Report; International Journal of Research in Medical Sciences and Technology; Vol 17, 21-23, DOI: http://doi.org/10.37648/ijrmst.v17i01.004

e-ISSN: 2455-5134 p-ISSN: 2455-9059

(IJRMST) 2024, Vol. No. 17, Jan-Jun

and operating on the thyroid gland. The present case report highlights a rare case of hemiagenesis of right lobe of thyroid gland

CASE REPORT

During our regular dissection for 1st BAMS students, in the dissection hall of KAHER's Shri BM K Ayurveda Mahavidyalaya, Belagavi, of a female cadaver, hemiagenesis of right lobe of thyroid was discovered. The left lobe of thyroid measures 5 x 2.5 x 2.5 cm and the Isthmus 5.4 x 5.2 cm, The gland weights 25gm.

DISCUSSION

The developmental anatomy of the thyroid gland is very important to know the reason behind the anatomical variations of thyroid gland. The anatomical variations of thyroid gland are due to a partial persistence of the median or thyroglossal duct, failure of the development of the entire gland or a part of the gland results in agenesis [12,13]. Various developmental anomalies of the thyroid gland have been reported. However, the most uncommon anomalies include agenesis or hemi-agenesis of thyroid lobe and agenesis of isthmus (2). Thyroid hemi agenesis is rare and right Thyroid Hemiagenesis is even rarer. The literature suggests that the chromosome 22 plays a major role in the thyroid development [14]. A majority of patients reports no symptoms & is found accidentally during investigation or intraoperatively. It is associated with normal thyroid function but can present with thyroid hypofunction.[15]

CONCLUSION

A thorough knowledge of the thyroid gland anatomy and its associated anatomical variations is important for routine surgical interventions, for endocrinologists. Clinically it is not easily ruled out so it is very important for surgeons & clinicians to diagnose and treat the disease and also to avoid undue complications.

REFERENCES

- 1. Gray's Anatomy for students Second south Asia Edition, Drake, Vogl, Mitchell, Veeramani, Holla Vol II 2020 Elsevier 8:1174 1179.
- 2. Inderbir Singh's Human Embryology 13th Edition 2023 V. Subhadra Jaypee Brothers Medical Publishers(P) Ltd.12:149 150.
- 3. Thyroid hemiagenesis with a TI-RADS 2 nodule in the contralateral lobe. Sereke SG, Oriekot A, Bongomin F. Thyroid Res. 2021;14:10. [PMC free article] [PubMed] [Google Scholar] [Ref list] https://doi.org/10.1186/s13044-021-00101-5
- 4. Quain R, Wheatstone C. The Cyclopaedia of Anatomy and Physiology. Sherwood, Gilbert, & Piper. Vol. 1836. London: Sherwood, Gilbert, & Piper; 1836. The cyclopaedia of anatomy and physiology; pp. 1–1126. [Google Scholar]
- 5. Thyroid hemiagenesis: incidence, clinical significance, and genetic background. Szczepanek-Parulska E, Zybek-Kocik A, Wartofsky L, Ruchala M. J Clin Endocrinol Metab. 2017; 102:3124–3137. [PubMed] [Google Scholar] https://doi.org/10.1210/jc.2017-00784
- 6. Y.H. Wu, R.O. Wein, B. Carter, Thyroid hemiagenesis: a case series and review of the literature, Am. J. Otolaryngol. 33 (2012) 299–302. https://doi.org/10.1016/j.amjoto.2011.08.007
- 7. Arriaga MA, Myers EN. Ectopic thyroid in the retro esophageal superior mediastinum. Otolarngol Head Neck Surg 1988; 99:338-40. https://doi.org/10.1016/j.amjoto.2011.08.007
- 8. Melnick JC, Stemkowski PE (1981). Thyroid hemi agenesis (hockey stick sign): A review of the world literature and a report of 4 cases. Jclin. Endocrinol, metab;52 (2);247-51. https://doi.org/10.1016/j.amjoto.2011.08.007
- 9. B.D. Chaurasia's Human Anatomy Ninth Edition 2023 Volume 3 Head and Neck CBS Publishers & Distributors Pvt.Ltd.8:151 157.
- 10. Clinical Anatomy Harold Ellis, Vishy Mahadevan Fourteenth Edition Wiley Blackwell 14 Edition WILEY Blackwell 282-286.
- 11. Bailey & Love's Essential Clinical Anatomy Lumly. Craven. Abrahams. Tunstall CRC Press Taylor & Francis Group 2019 22:375 376.
- 12. Ranade AV, Rai R, Pai MM, Nayak SR, Prakash, Krisnamurthy A, Narayana S; Anatomical variations of the thyroid gland: possible surgical implications. Singapore Med J., 2008; 49(10): 831-834
- 13. Kaplaw EL, Shukla M, Hara H, Ito K; Developmental abnormalities of the thyroid. In De Reddy AK et al.; Sch J Med Case Rep 2015; 3(5):433-434. Available Online: http://saspjournals.com/sjmcr 434Groot LJ editor; Endocrinology. Saunders, Philadelphia, 1994: 893-899.
- 14. Gangbo E, Lacombe D, Alberti EM, et al. Trisomy 22 with thyroid isthmus agenesis and absent gall bladder. Genet Couns 2004; 15:311-5.

e-ISSN: 2455-5134 p-ISSN: 2455-9059

(IJRMST) 2024, Vol. No. 17, Jan-Jun

15. O.K. Lesi, A. Thapar, N.N.B. Appaiah, M.R. Iqbal, S. Kumar, D. Maharaj, A. Saad Abdalla Al-Zawi, S. Dindya, Thyroid hemiagenesis: narrative review and clinical implications, Cureus 14 (2022), e22401,

https://doi.org/10.7759/cureus.22401

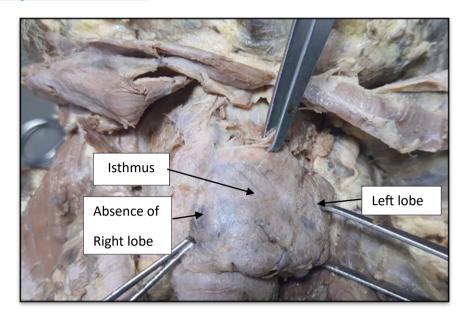


Fig 1 : Hemiagenesis of Right lobe of Thyroid gland

(Anterior aspect)

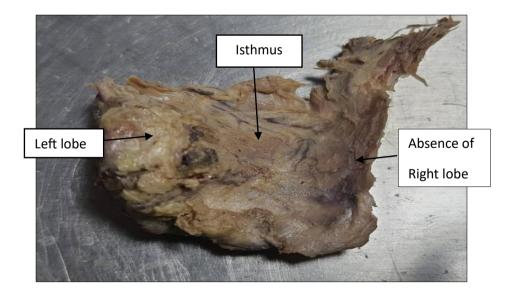


Fig 2 : Hemiagenesis of Right lobe of Thyroid gland

(Posterior aspect)